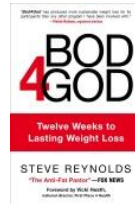




**Covenant Groups**  
*offers*

## ***Bod4God***

*Unlock the Door to Health and Fitness!.*



This 13 week fellowship will begin March 7, 2019 (**new date**).

It will be held on Thursday evenings at 7:00 pm.

\*Registration donation is \$13.00.

Registration will be from December 1<sup>st</sup> through March 7<sup>th</sup> (new date).

Registration may be done:

on the Kiosk in the lobby

or

online at [www.mycovenantcc.com](http://www.mycovenantcc.com)

\*Scholarships are available on an as needed basis.

A minimum of 25 people required for this class.

Using the Bod4God Book along with a fun and supportive environment let's embrace the new year by engaging in a faith based healthy and active lifestyle endeavor.